

# CoRec Futsal Rules

1. SLIDING IS NOT ALLOWED – INTENTIONALLY OR NOT.
2. Game time is forfeit time. Teams may start and end the game with four players, one of which must be a female not playing goalkeeper.
3. Teams consist of five players, one of whom shall be the goalkeeper, two males, two females a goalkeeper of either gender.
4. A goal cannot be scored directly from a kickoff. A kick off does not have to move forward – the ball may be played directly back to teammates.
5. Substitutions will be made on dead balls only. Players will enter from the substitution zone and must not enter until the player they are going in for is off the court.
6. Players will not be permitted to wear jeans of any sort, or to use any clothing or object which the referee may judge to be dangerous to other players.
7. Players need to be wearing same colored shirts; otherwise, A mesh jersey for team identification will be provided each game. All jerseys must be returned after the game. The goalkeeper must wear a uniform of a different color which easily distinguishes them from other players.
8. Shin guards are not required(player discretion; however we encourage you to wear them for safety), but if worn must be completely covered by socks.
9. The length of a game will be forty minutes, divided into two twenty minute halves. The game clock only stops for time-outs and injuries.
10. Each team is entitled to one time-out per half. A time-out will be one minute in length. Time-outs cannot be carried over to the second half or overtime. A time

out may only be taken after a scored goal, when your goalie has the ball, or when your team is in possession of a free kick.

11. A goal is scored when the whole ball has passed over the goal line between the goal posts and under the cross-bar, provided it has not been thrown, carried, or intentionally propelled by hand or arm, by a player of the attacking side

12. The ball is out of play when it has completely crossed the sidelines or end lines whether on the ground or in the air. The touch and goal lines are part of the playing court.

13. The goalie box is the 3 point area on the court.

14. The ball is in play if it bounces off one of the goal posts or crossbars into the playing court or hits the referee when they are in the field of play. If the ball bounces off the of the basketball standards the ball is out.

15. If the ball hits the roof the opposite team will be given an indirect free kick on the playing surface below the spot where it hit the roof, unless it hits above the penalty area in which case the referee shall give an indirect free kick on the penalty mark.

16. All of the opposing players must be at least 16 feet from the ball until it is in play whether on the ground or in the air for kick ins, corner kicks and penalty kicks.

17. Goalkeepers cannot:

a. touch or control the ball with their hands after it has been deliberately kicked to them by a team-mate;

b. following a kick-in taken by a player in their own team, the ball is directly passed to the goalkeeper, who touches or controls it with their hands;

c. they touch or control the ball with their hands or feet in their goal box for more than four seconds;

d. after having released the ball they receive the ball from a teammate without it

having first passed beyond the half-way line or has been played or touched by an opponent.

e. An indirect free kick by the other team will be granted on the half-way line if the goalkeeper throws it farther than the half-way line.

18. Penalty Kicks: A penalty kick is a free kick taken from the penalty spot on the playing court. All other players with the exception of the goalkeeper and the player taking the kick should be inside the playing court, outside the penalty area, and at a distance of 16 feet from the penalty spot.

a. The opposing goalkeeper should take their position (without moving their feet) on their goal line, between the goal posts, and may not move their feet until the ball is kicked.

b. The player taking the kick must kick the ball forward. They cannot play the ball a second time until it has been touched or played by another player.

c. A goal can be scored directly from a penalty kick.

19. Kick-In: When the whole ball completely crosses over the touch line, either on the ground or in the air, it can be kicked in any direction from the place it crossed the touch line by a player of the opposing team to that of the player who last touched it and will be deemed in play as soon as it travels the distance of its own circumference. A goal cannot be scored directly from a kick in.

20. Goal Clearance: When the whole ball completely crosses the end line (goal line), either on the ground or in the air and having been last touched by the attacking team, the goalkeeper standing within their own penalty area shall throw it back into play beyond their own penalty area but not further than the half-way line. An indirect free kick by the other team will be granted on the half-way line if the goalkeeper throws it farther than the half-way line.

a. The ball shall be deemed in play as soon as it leaves the penalty area

b. The opposing team must remain outside the penalty area until the ball is in play

c. If after having cleared the ball the goalkeeper touches it again before it has been touched, played by another player, receives it back from a teammate and touches or controls it with their hands an indirect free kick will be awarded to the opposing team from the place where the infringement occurred, unless it occurred in the penalty area; in which case it will be taken from the 20 foot line at the spot nearest to the spot where the infringement happened.

21. Corner Kicks: When the whole ball completely crosses the end line (goal line), either on the ground or in the air and having been last touched by the defensive team, a corner kick will be awarded to the attacking team.

a. The corner kick is placed exactly on the intersection of the end line (goal line) and the touch line.

b. A goal can be scored directly from a corner kick.

22. If any game ends in a tie, a shoot-out will take place by the following procedures:

a. Five kicks will be taken alternately by each team by five different players

b. Teams will alternate their own players boy-girl-boy-girl-boy, or girl-boy-girl-boy-girl. Both teams must follow the exact same gender pattern.

c. If after both teams have taken five kicks and both sides have scored the same number of goals or haven't scored any goals the taking of the penalty kicks will continue in the same order until one team has scored one goal more than the other team.

d. The goalkeeper that was playing at the end of the game will be the goalkeeper in the shoot-out.

23. INDIRECT FREE KICKS will be awarded for the following offenses, Players can also be given a yellow card on repeating offenses. Two yellow cards (equals a red card) in one game is automatic ejection from game:

a. playing in a manner considered by the referee to be dangerous;

b. attempts to take the ball out of the hands of the opposing goalkeeper;

c. intentionally obstructs an opponent, running between them and the ball, or interposing the body in such a manner as to prevent an opponent from playing the ball when they're not in control of the ball;

d. charges the goalkeeper except when they have passed outside the penalty area

e. when playing as the goalkeeper and within their own penalty area after putting the ball in play with their hands the ball is not touched or played by a player or does not touch the surface in the goalkeeper's own half of the court;

24. DIRECT FREE KICKS will be awarded for the following offenses:

- a. kicking or attempting to kick, or tripping or attempts to trip an opponent;
  - b. jumps at or throws himself/herself upon an opponent;
  - c. holds, pushes, or charges an opponent in a violent or dangerous manner;
  - d. strikes or attempts to strike an opponent or spits at them;
  - e. intentionally slides (slide tackle) in an attempt to play the ball when it is being or attempted to be played by an opponent. In other words *"no sliding is allowed, intentionally or not"*.
  - f. handles the ball, carries, strikes, or propels the ball with their hand or arm, except the goalkeeper in their penalty area;
  - g. they demonstrate by words or actions dissent from a decision of the referees;
- Note:* Should players of the defending team intentionally commit one the above offenses within their penalty area, they will be penalized by a penalty kick, regardless of the position of the ball, as long as it is in play.

### **CONDUCT OF PLAYERS, COACHES, AND SPECTATORS**

A. The McDowell Family Intramural Sports Program is for your benefit and enjoyment. You are expected to control your behavior and conduct yourself in a responsible and respectful manner with your peers. Good sportsmanship is vital to the conduct of every activity and unsportsmanlike conduct will not be permitted. Any participant that repeatedly exhibits a poor attitude and lack of sportsmanship and makes any physical and/or verbal against an intramural official or staff member may result in permanent banishment from the program.

### **Reporting Scores**

All matches need to be reported to the Intramural office, via email, text, or on site Intramural staff.

Email: david.gardner@okbu.edu

text 405-250-7828